



Cobdogla Primary School

Providing a Caring & Challenging Environment



Government of South Australia

Department for Education

Principal - David Ness Governing Council Chairperson – Shane Nettle

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Our School Values: RESPECT HONESTY RESPONSIBILITY PERSONAL BEST



Newsletter: Issue: 17 week 1, Term 4 Date: 18th Oct, 2018

Diary Dates

Fri 26th Oct WORLD TEACHERS DAY

Tues 30th Oct Governing Council mtgs

Fri 2nd Nov Sports Day

Week 4, 5th-8th Yr 6/7 Camp

Thurs 8th Nov Kindy Transition

Fri 16th Nov STUDENT FREE DAY

Principal's Message

Dear Parents and Caregivers,

Welcome back to what promises to be a very busy but also exciting term. I am sure that the weeks will go by very quickly.

Barmera Kindy visit

On Friday in week 1 and 2, all the Barmera Kindy students will visit our school and participate in a range of activities from 8:50-11:30. The Parents/Carers of the Kindy students will drop their children at Cobdogla Primary School in the morning, so please be welcoming, patient and aware during morning drop off time.

Life Education visit

This week the students were fortunate to participate in activities led by the Life Education Team. A specially trained educator presented vital health and safety messages over 2 days, with tailored sessions for each class. The children were intrigued and excited while participating in each session, and they enjoyed meeting the puppet 'Healthy Harold'.

Class Structure for 2019

We have already started the process of selecting class structures and staffing for 2019. We are expecting to maintain 5 class groupings with at least 15 new reception students, and similar enrolment numbers compared to this year. We are planning for the year level splits to be Reception, Yr 1/2, Yr 3/4, Yr 4/5 and Yr 6/7.

Enrolment numbers make up an important part of the planning process. If you know of any families or students intending to enrol at our school for 2019, please encourage them to contact the school.

Dogs on School Grounds

It is recognised that dogs are an important part of family life for many, and as such are often included in day-day activities such as walking children to and from school. However, some may find the presence of a dog on school grounds stressful, even frightening and there is an allergy risk. Please be aware that dogs are not permitted on department school grounds, unless special written permission has been granted by the Principal. The only exception to this policy is guide dogs and working dogs. We still welcome you to walk your dog to and from school, but request that you do not bring it onto school grounds.

Sports Day

Planning is well underway for The COKOMOGLO Sports Day, which is scheduled for week 3, Friday 2nd November. Earlier this week your child received a lunch order form – please return it no later than **Friday 26th October**. This year students will compete as a school team, Cobby Yellow and Cobby Blue. Congratulations to Aidan Callow and Natasha Dawe (Cobby Yellow Captains) and Izaak Vanderwoude and Kasey Hutchinson (Cobby Blue Captains).

Shed Clean Out

Thanks to Brenton, Leanne and Jess for cleaning out our storage shed.

Student Free Day

There will be a **Student Free** day on Friday 16th November where staff will be working on the School Improvement Plan.

Regards,

David Ness

Principal



Attachments

- Term 4 Calendar
- Book Club – due Friday 26th Oct

Governing Council Meetings



Please note the next

Finance & Governing School Council meetings will be held on

TUESDAY 30th October 6:30 & 7pm



IMPORTANT DATES

Term 4

- Week 3 Friday 2nd Nov - Sports Day
- Week 4 Mon 5th-Thurs 8th Nov - Year 6/7 Camp
- Week 5 STUDENT FREE DAY
- Week 8 Mon 3rd Dec - End of Year Concert
- Fri 7th Dec - Yr 7 Orientation Day
- Week 9 Mon 10th Dec - Splash Day
- Tues 11th Dec - Whole School lunch
- Wed 12th-Fri 14th Dec - Years 3/4/5 Camp
- Thurs 13th Dec - Yr 7 Graduation Dinner

Surplus Furniture

We have an array of old school furniture that is no longer required. (located outside the shed near the staff carpark) Please make us an offer, no matter how small.

Also, there is a variety of filing cabinets and metal storage cupboards for \$50 each. Please see staff at the front office for any enquires.



Student Achievement



On 22nd September, Bethany, Melissa and I had the chance to go to Adelaide and sing in the South Australian Primary School's Music Festival at the Festival Theatre. Over 400 people participated on the night. We were all amazed at how many people came to watch. When we arrived for the rehearsal Saturday morning, we were greeted by Mrs Ridley from Monash PS. From there we went inside, got into our row numbers and went onto the stage. The Riverland Choir was positioned high up on row 9, combined with 3 girls from Port Augusta. After the morning rehearsal all of us went back to our hotels and toured around Adelaide. We returned to the theatre at around 6:15pm and went up on stage with the crew cheering us on. As the curtain rose we all had smiles on our faces and we began to sing. After the first song we had an Aboriginal Elder come on stage and perform a smoking ceremony for Welcome to Country. In the song, "Pure Imagination" we had flutter-flutter glitter fall down on to us and the stage. There was also a troupe of dancers dancing to all of the songs. After the show we went back stage and celebrated our great performance. Our Adelaide conductor Robin was so proud of all of us. Overall the Festival Choir was a great experience and really enjoyable. A big thanks to Mrs Ridley and Mrs Drogemuller for making this whole thing happen.

Natasha



New Student Welcome

Welcome to Xavier who has started at our school this week.



The Importance of Sleep

Sleep is especially important for children because it's critical for their physical and mental development. The amount of sleep needed changes with age. **Experts advise that school age children (5-12 years) need 10-11 hours sleep. It is therefore up to parents to make sure their kids get enough rest.**

With this in mind, here are some ways to help parents make sure this happens:

- eat dinner at a reasonable time
- don't allow late night snacking
- provide healthy foods
- reduce screen time before bed
- set limits to night time activities
- reduce their stress
- be firm and consistent
- start when they are young



*Kids need sleep and plenty of it. In the busy world that they live in, this is not always easy. Like nutrition and exercise, sleep is an **extremely** important part of a child's development and one that parents and kids alike should be aware of. So take the proper steps to ensure that your children are getting the sleep that they need.*

Brenton's Blog...



Welcome back from the holidays everyone. Holidays can be challenging times especially when behaviour expectations for our children are not met. Every parent grapples with this issue on how to coax good behaviour out of immature little humans who are still developing the ability to control themselves .

What does it mean when a child misbehaves? There are three possible explanations:

- 1) She doesn't know what is expected of her
- 2) He does know but cannot control himself
- 3) She does know but doesn't care



If she doesn't know, teaching is clearly the order. "Hot! The stove is hot!" or "We have to wait our turn for the slide." But most teaching of this kind is modelled, as you wait for the light to turn green before you cross. Kids learn what is desirable behaviour from watching you, or their classmates. If he does know but cannot control himself, we need to learn how to manage him. But how? Most discipline takes the attitude that children learn to control themselves by developing more motivation and stronger "consciences". But we all know that "doing the right thing " and overriding our "lesser" impulses doesn't result from admonishing ourselves to do better, or from making new and improved resolutions. If that was all it took, we would have perfectly balanced diets and fit bodies. The secret of managing our impulses is becoming aware of and motivated by our competing impulses. For your child it might be "I really want to skip my homework so I can play outside, but I don't want to face my teacher without it." or "I really want to hit my sister when she teases me like that, but Mum would be really mad."

Eventually, we hope, he will move from his concern over losing Mums love to awareness of what he wants in connection with his sister: "I'm really annoyed at my sister right now, but I know that when she's not being obnoxious I do love her and I really don't want to hurt her".

Obviously this takes maturity, which kids need our help to develop. It takes practice. Kids get this practice naturally as life deals them upsets and we help them handle them. The key is providing our children with the experience of relationships where compassion trumps anger.

More on that next time.

Cheers Brenton

Electives and Dress Up as a Farmer Day!

In the last week of term 3, we had Electives for Reward Day. There were heaps of activities for us to pick from. A BIG thank you to those who volunteered their time and ran the activities. It was so much fun!

Also on this day we dressed up in farmer/work clothes and brought in a \$2 gold coin donation to help farmers suffering from the drought. Everyone who donated wrote their name on a paper rain drop which has been hung up in the Baramera Foodland IGA store in a display to show who helped raise money. Overall our school raised \$352 which was a great effort.

Jack



Welcome to Term 4

Welcome back everyone, we hope you had an amazing holiday break! We are looking forward to bringing you Kids Voice each fortnight for the rest of the year.

Alannah, Hayley and Jack



Crows Cup 2018

In Term 3, Mr Ness took 6 boys and 6 girls to Glassey Park to compete in a nine-a-side football competition against many other schools. Each team played 5 games. Teams we played against were Baramera Kangas, Berri Blue, St. Alberts, Renmark North Blue and Monash Giants. We won 3 out of 5 games and had a lot of fun. Everyone tried their hardest and we ended up coming equal 2nd with Baramera. The Crows presented us with a show bag with lots of goodies in it. Thank you to Mr Ness for taking the time out to train us and pick the teams. Thank you also to those who provided transport, Jess, Leanne, Louise and Mr Ness. It was a great day and a great opportunity for everyone involved.

Alannah



SAPSASA State Athletics



For 4 weeks Alannah Locke, Nevaeh Smith and Jayden Barnett attended SAPSASA Athletics training at Berri Primary School in the lead up to potentially attending the SAPSASA State Athletics in Adelaide. Long Jump, 100m, 200m, Discus, Shotput, High Jump and Relay were a few of the athletic events practiced. On 24th September Jayden and Nevaeh were given the opportunity to go Adelaide to compete at Santos Stadium. Some thoughts on the day from Nevaeh and Jayden are below.

Jayden: I had 100m sprint in the morning. I went and lined up for my race and I was feeling a bit nervous. The race started and I sprinted as hard as I could. I proudly came 4th. My Relay race started at 2:45pm and we came 3rd which meant that we made the final. In the final we came 6th which was a great effort. It was a fantastic day!

Nevaeh: My only event for the day was 11-year-old girls Shotput. My event wasn't until 1:30pm so while I waited, I enjoyed watching all the other athletes compete. When my event finally started, I got a practice and then had 3 puts. When the 25 girls in my age group finished they announced the top 8 girls. They announced that I came 7th with a put of 7.16m! Overall I really enjoyed the day. The Riverland placed 3rd in the regions. It was a wonderful experience.

Community News



**BRILLIANT BARMERA !!!
XMAS LIGHTS COMPETITION**


BARMERA XMAS PAGEANT COMMITTEE
c/- BARMERA CENTRAL , BARWELL AVE
BARMERA, SA 5345
08 85882289
vic@barmeratourism.com.au

**HELP US BRIGHTEN UP
BARMERA & THE REGION THIS
CHRISTMAS !!!!**

**REGISTER YOUR XMAS LIGHTS DISPLAY
FOR A CHANCE TO WIN CASH PRIZES**



*We're having a party..... come
and celebrate*

Barmera Library's

57th BIRTHDAY

*Halloween games, craft and
LOADS of fun...*

Tuesday 30th October

*4pm start
85882872*



Loxton Ping Pong-A-Thon

Come along to this great event, raising money and awareness to help free young people from lives of slavery and exploitation in SouthEast Asia. Grab your friends and family and register as an individual or as a group anytime from

1pm-late, Thursday 20th October

**at *Here's Your Beer Burger Bar,*
*Mill Road - Loxton.***

Facebook (Loxton Ping Pong-A-Thon)

visit <https://pingpongathon.com/loxtonsa> for more info, or contact Ben at ben.grieger852@schools.sa.edu.au